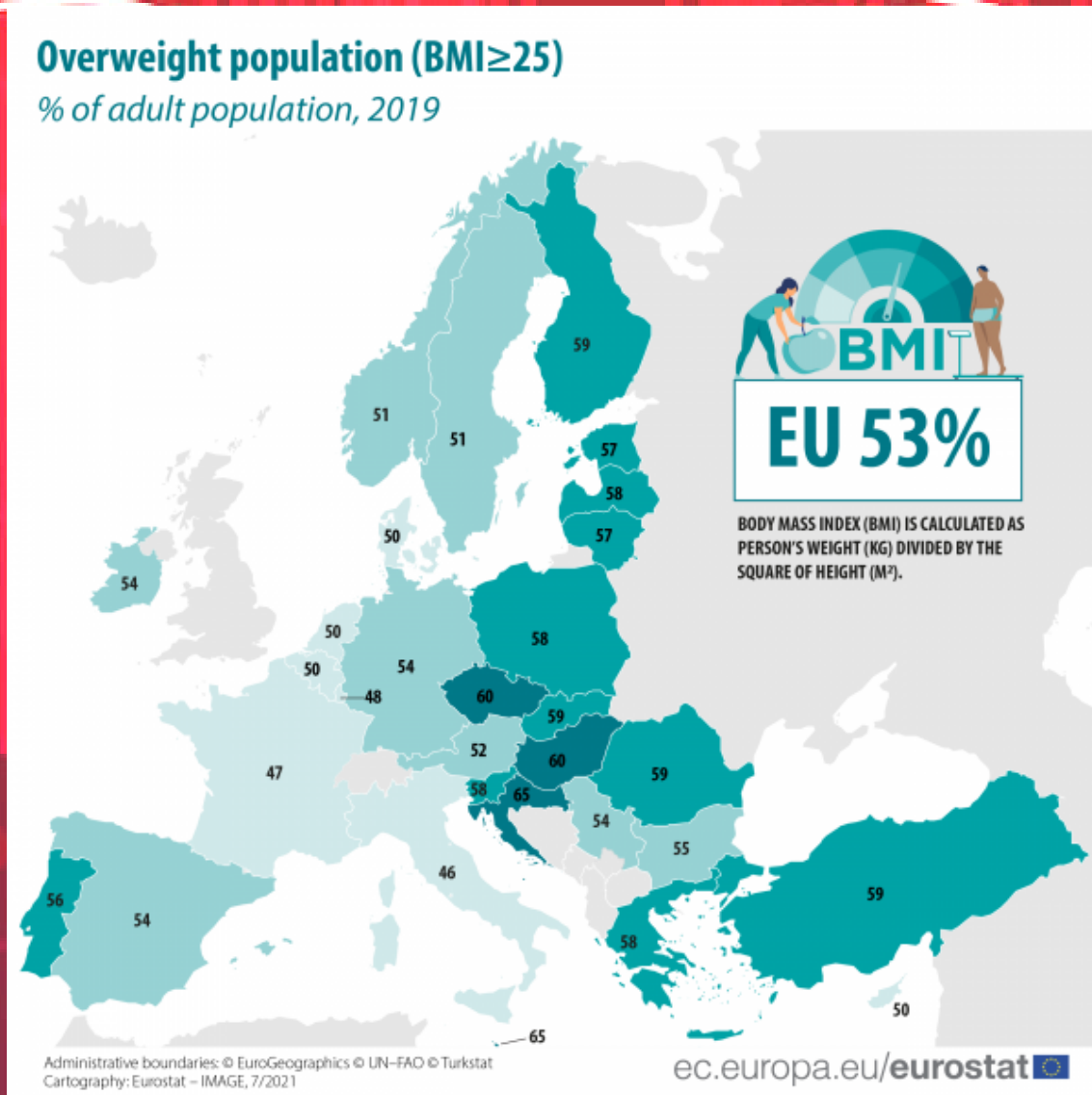


Name(s):

Date:

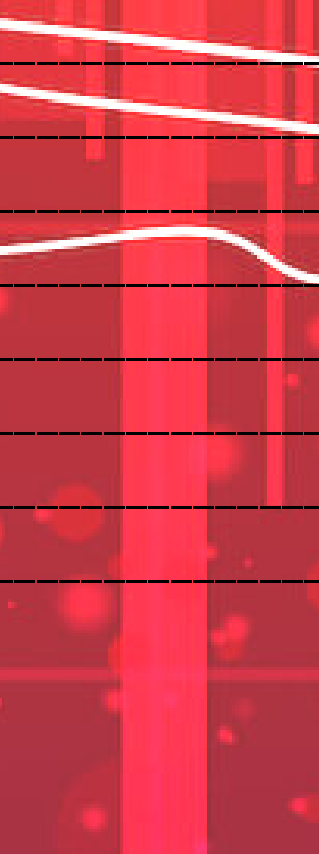

In Western societies, economic distress is rarely associated with malnutrition. On the contrary, very often the overall impression is that of weight gain which eventually leads to an increase in obesity. The chart below shows the obesity rates in various European countries.



C1. Which are the five countries with the highest and those with the lowest obesity rates in Europe?

**C2. In what ways can the financial crisis affect our eating habits?**

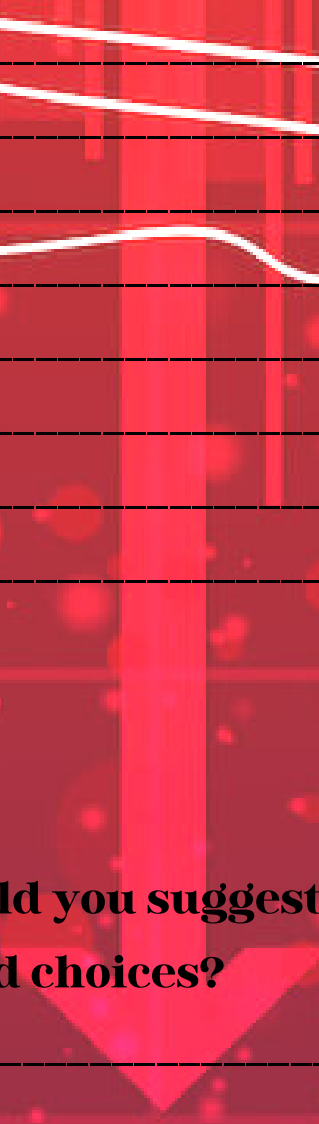

**Give relevant examples.**



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**C3. What practical solutions would you suggest for economical and at the same time rational food choices?**



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