



Economic crisis: a crisis on our plate

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1. **economic crisis** period of low economic growth or economic shrinkage
2. **food crisis** food shortages and rising prices
3. **labour** workers, especially people who do practical work with their hands
4. **adapt** to adjust or change to suit conditions
5. **distress** extreme anxiety, sorrow, or pain
6. **imposition** an unwelcome demand; a burden
7. **unbearable** not able to be endured or tolerated
8. **exploitation** taking advantage of a weaker group
9. **morbidity** the levels of ill health in a population or group
10. **mortality** death rate
11. **inequality** the unfair situation in society when some people have more opportunities, money, etc. than other people
12. **deterioration** worsening; decline
13. **poverty rate** the percentage of people who live in households with income below the official poverty line
14. **estimate** a judgment or calculation of approximately how large or how great something is
15. **exclusion** the act of keeping out or shutting out
16. **deprived** lacking the necessities of life
17. **conservation** protecting and preserving natural resources and the environment
18. **fluctuation** rise and fall, continual variation



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19. obesity	excessive fatness
20. fetal development	begins at the start of the ninth week of pregnancy and continues until birth
21. hardship	severe suffering or deprivation
22. determinant	a strong factor in an outcome
23. malnutrition	lack of proper nutrition
24. hunger-obesity paradox	low income people are obese while also deficient in one or more nutrients
25. income	earnings from work or investment
26. reduction	becoming, smaller in size, amount, degree, importance, etc
27. consumption	using goods and services
28. preservatives	additive used to protect against decay, discoloration, or spoilage
29. longevity	long life
30. ensure	to guarantee
31. maintain	to continue; carry on; keep in existence
32. seasonal	occurring at or dependent on a particular season
33. saturated	Fats with the maximum number of hydrogens
