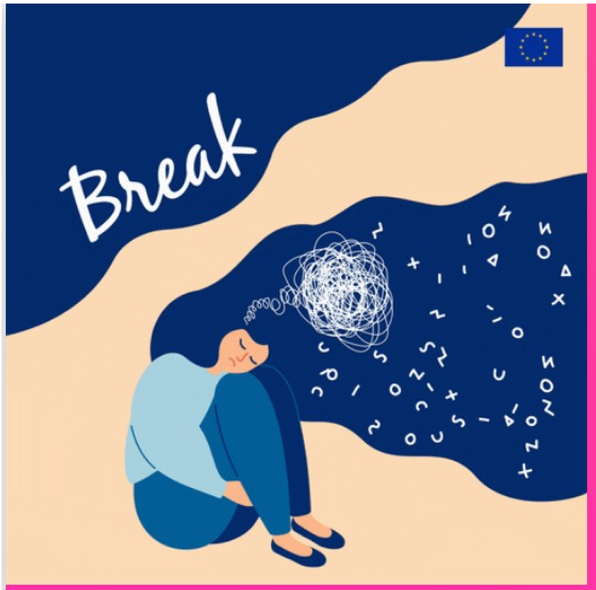


In your school environment, you hear different cases of gender-based violence. You do not always know how to react and what to do. Do you believe the victims? Do you think that if you stay neutral, things will get fixed after a while? Do you feel that you are unable to help? Let's try some cases and see what you would do to help a friend. Be honest and read some expert advice. At the end of this journey, you might clear things up about how to react in such cases.

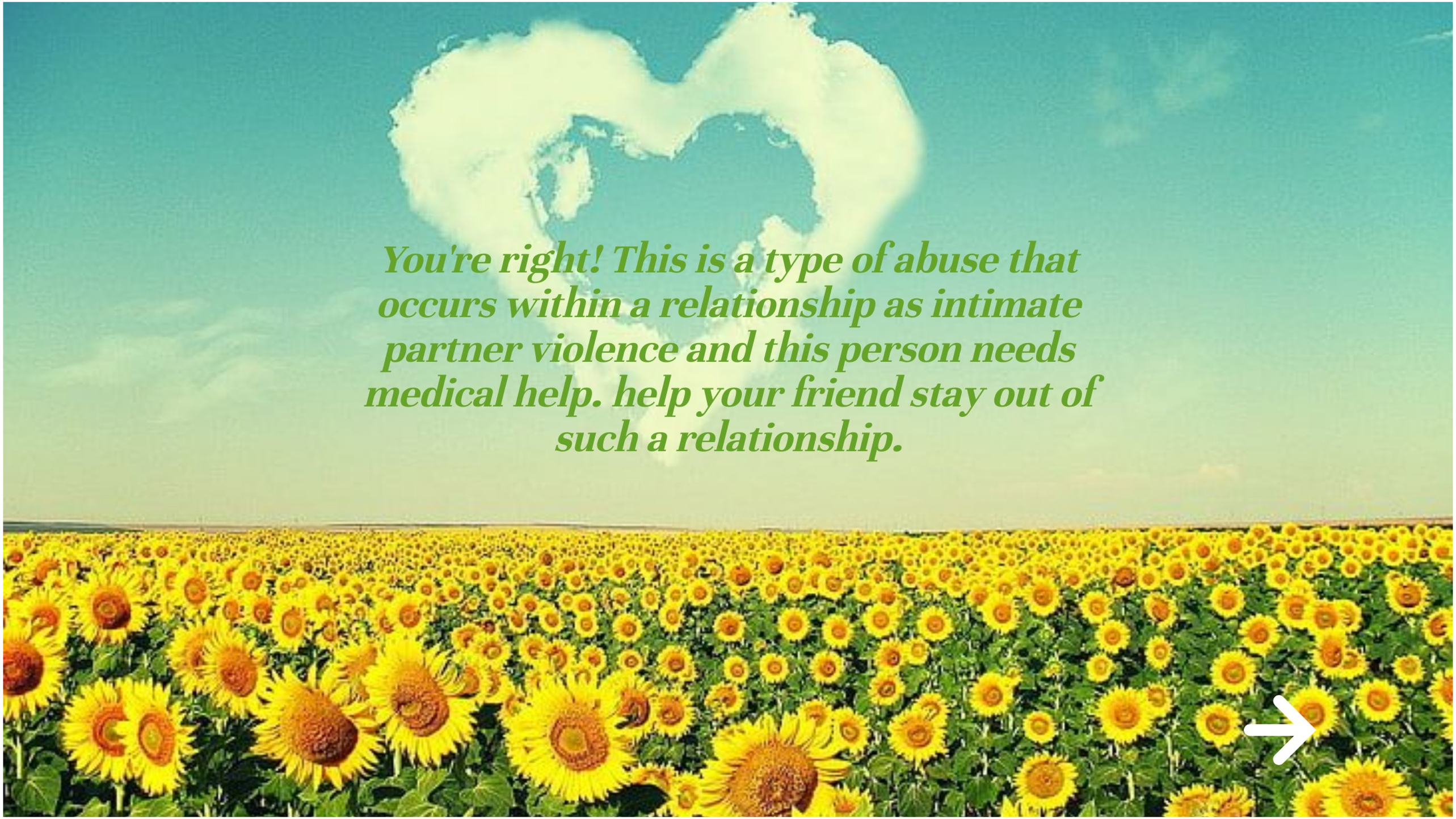
Your friend might be the target of abuse. Help your friend escape the darts and take control of life again.

free AT

Start

Her boyfriend, when he is angry, shouts at her and has even slapped her on several occasions. Your friend has asked him to break up several times but he tells her that he loves her and he will change. What do you tell your friend?
A
Give him another chance. He means it this time.
B
He won't change, unless he seeks help.

Gender-based violence can take many forms. In the EU, a high percentage of women have experienced one or more acts of physical violence since the age of 15. Although women and girls are the main victims of GBV, it also causes severe harm to families and communities. This must STOP!


You're right! This is a type of abuse that occurs within a relationship as intimate partner violence and this person needs medical help. help your friend stay out of such a relationship.

She wanted to go out with her friends and because her boyfriend is very jealous, she lied to him. He found out and he started calling her names (you're a slut etc). She believes that she's to blame. What do you tell your friend?

A Say you're sorry and everything will be back to normal.

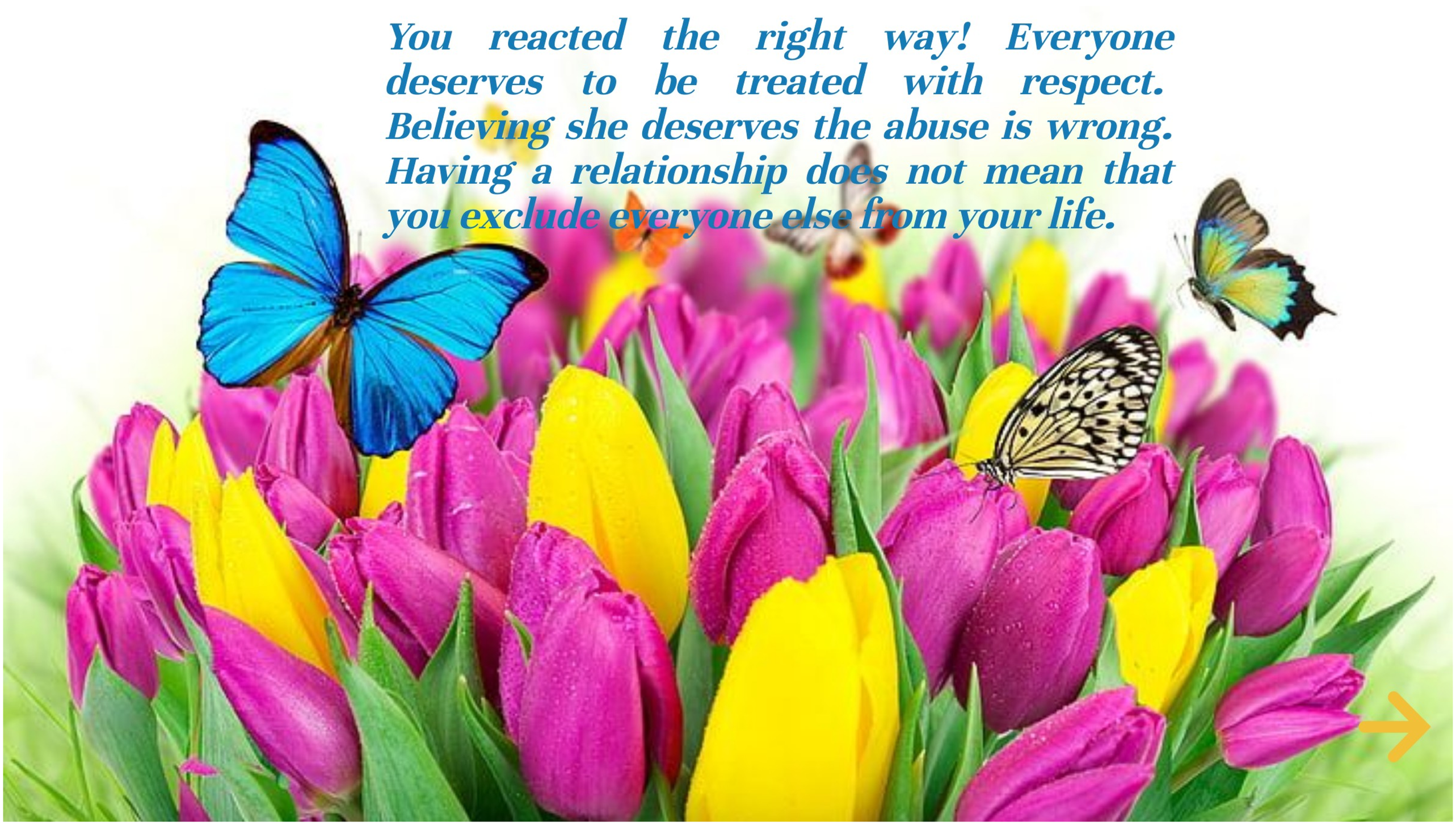
B You should break up with him. You deserve to be treated with respect.

Gender-based violence involves many acts in a school environment and can have detrimental effects on a child's physical and psychological state. Read the article to find out more.

School-related gender-based violence

School-related gender-based violence (SRGBV) affects millions of children, families and communities. It involves acts or threats of sexual, physical...

UNESCO


You reacted the right way! Everyone deserves to be treated with respect. Believing she deserves the abuse is wrong. Having a relationship does not mean that you exclude everyone else from your life.

Her boyfriend does not let her talk to other boys and tells her off when she does. She believes this is normal and jealously means love. What do you tell your friend?

A This is not normal, you should have your own life.

B I wish I had a relationship like that.

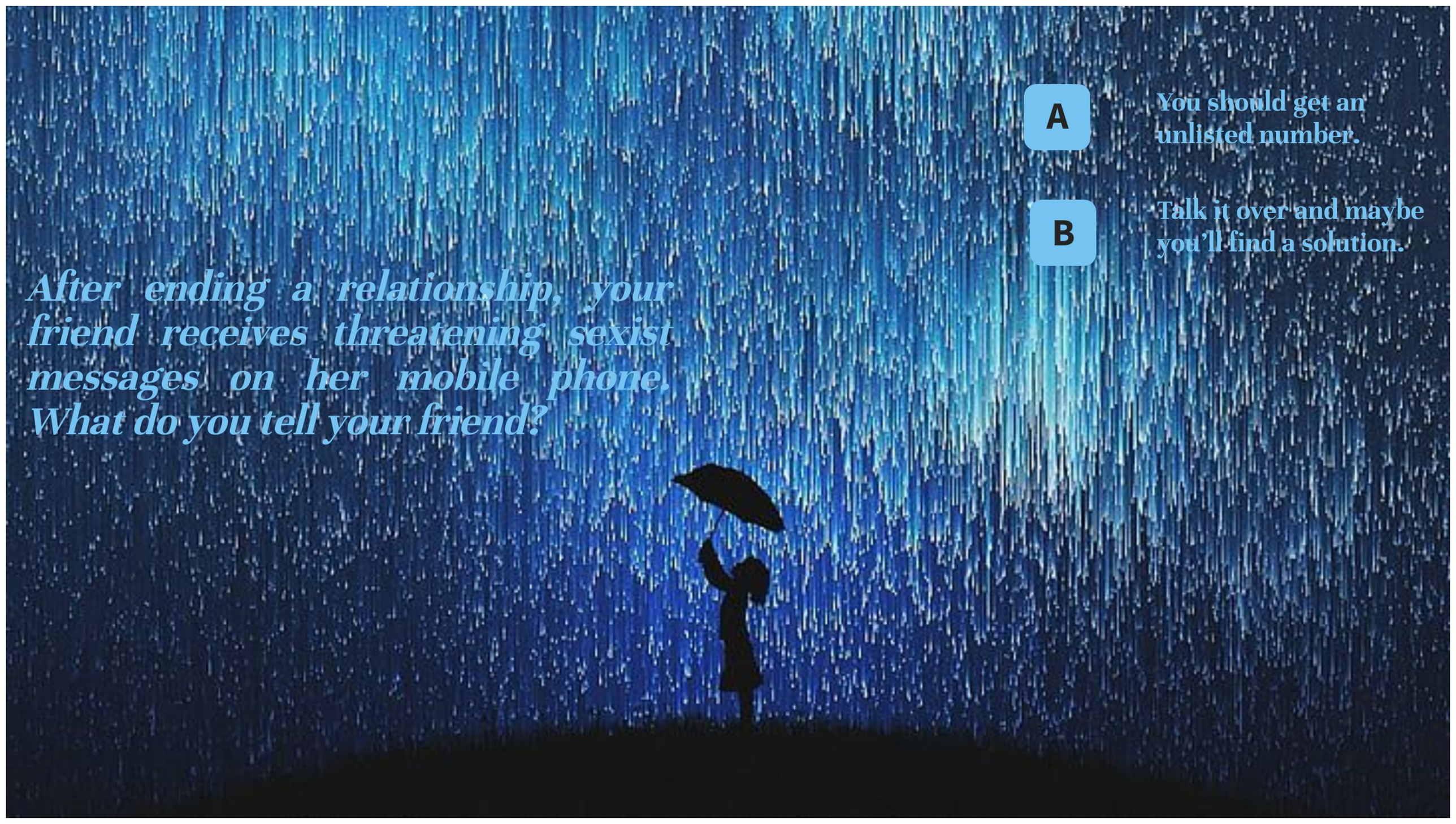
Sometimes it is difficult to distinguish between natural feelings of love and protectiveness from violent outbursts of jealously. We must be aware of the signs and try to protect ourselves and our dignity. The right to privacy is indisputable and must not be violated. And do not forget, we are not alone!

Unhealthy Relationship Behaviors Series: Jealousy - One Love Foundation

Written by Writer's Corps member Carrie Manner Jealousy. We've all experienced it. Jealousy can be defined as the vigilant maintaining or guarding of...

One Love Foundation

True! Jealously does not equal love. Unhealthy jealous behaviour is a sign of feeling insecurity and can end up in obsession. Healthy relationships involve trust.



After ending a relationship, your friend receives threatening sexist messages on her mobile phone. What do you tell your friend?

A You should get an unlisted number.

B Talk it over and maybe you'll find a solution.

The impact of school-related gender-based violence is great. We must act collectively if we are to close the gender gap in education and make school a safe place for learning and developing healthy relationships. There's always light at the end of the tunnel!

The impact of SRGBV

School-related gender-based violence (SRGBV) negatively impacts the ability of children to go to school, stay in school and learn. We cannot achieve...

UNGEI

Couldn't agree more! Getting an unlisted number is the first thing she should do. If this doesn't work, then she should report it. The right to lead your life without fear is a fundamental right!

A classmate spreads insulting comments about your friend to everyone in class. She cannot sleep or concentrate at school. What do you tell your friend?

Alone

A Let it go and it will stop.

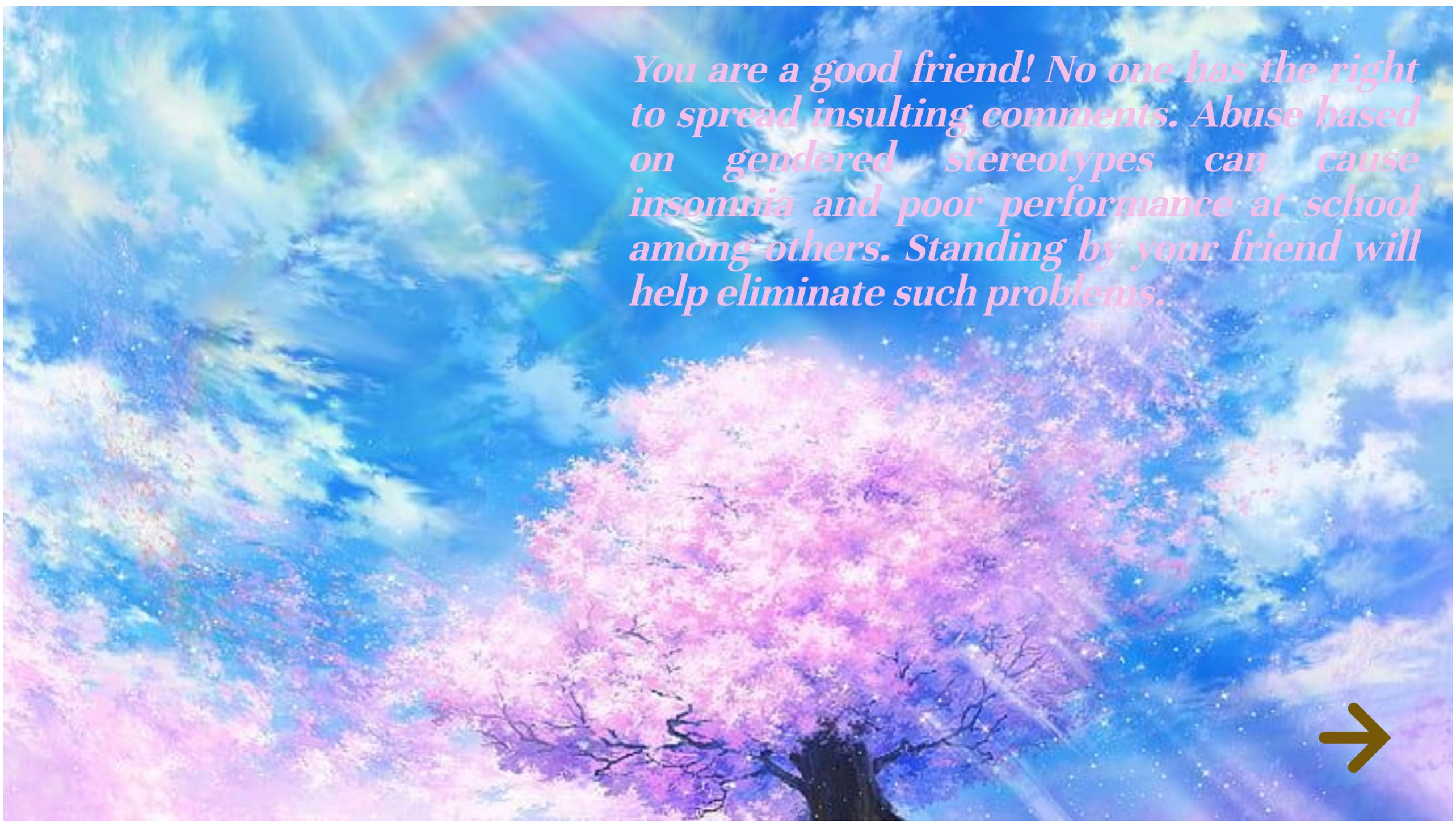
B You are not alone. I will have a word with them.

Any form of violence, even bullying, can have devastating effects on students' physical and mental health as well as their performance at school. We must be aware of the signs and symptoms in order to stop it in time, if not prevent it altogether.

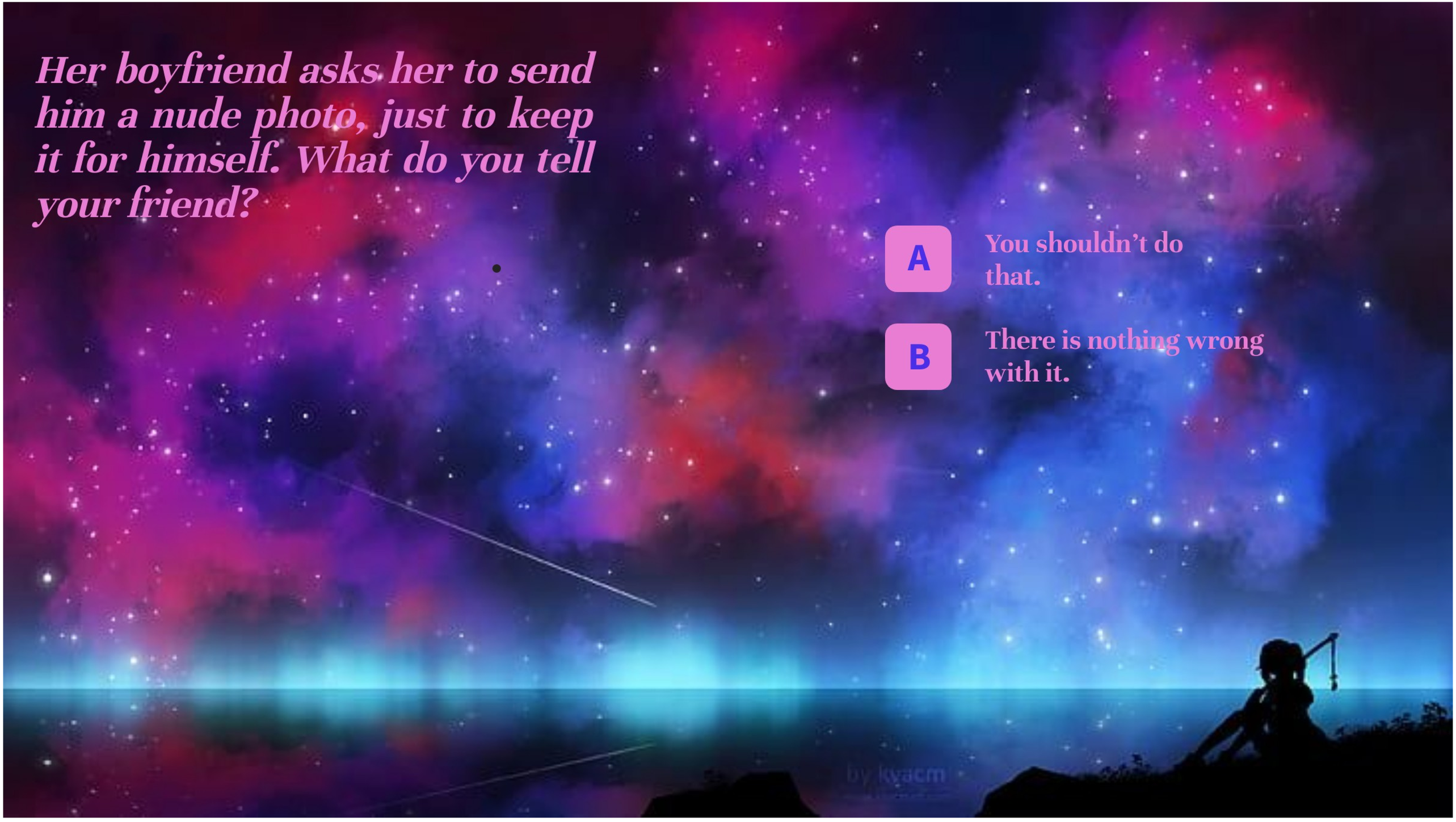
The Effects of Gender-Based Violence on Academic Performance

Violence in and around educational settings is a global phenomenon. Sexual harassment and abuse may be the most well-known forms of school-related...

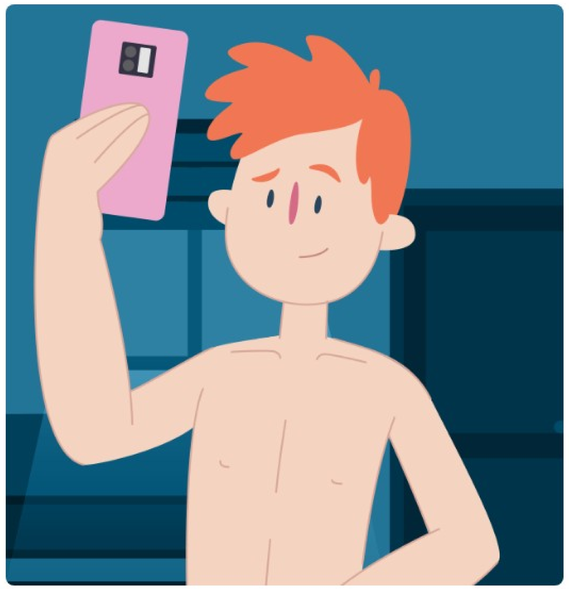
Education Links



You are a good friend! No one has the right to spread insulting comments. Abuse based on gendered stereotypes can cause insomnia and poor performance at school among others. Standing by your friend will help eliminate such problems.


Her boyfriend asks her to send him a nude photo, just to keep it for himself. What do you tell your friend?
A
You shouldn't do that.
B
There is nothing wrong with it.
by kyacm

This is sexting and it is a form of abuse. Even if you trust the person you are sending a nude photo, you shouldn't do that. People change, relationships end but a photo will be there for ever and it can be used to exploit you. But even if you do that, there are steps you can take to make things better.



Sexting might seem fun but it can have serious consequences...

If you own a smartphone you've probably heard of sexting. It's when you send or receive a message or image that has sexual content like a nude...

Kids Helpline

Absolutely right! Surely she shouldn't do that. It’s not ok to ask for personal photos. You never know what this person will use this photo for or if it unitentionally falls into someone else’s hands.

Let's see how helpful a friend you were. How many of your choices were the right ones for your friend?
A
All of them
B
Some of them
C
None of them

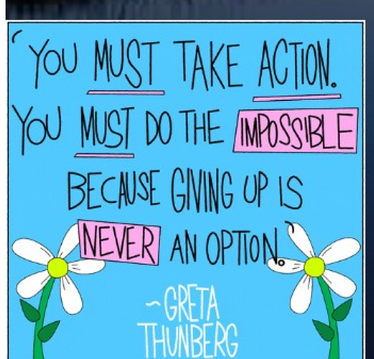
Well done! You are a great friend! You are not a passive bystander and you are ready to be there for your friend. Don't miss that. When you offer good advice, you will be offered good advice. Our schools need healthy relationships so that everyone is safe and happy!

You are a good friend but you miss some important information. Why don't you see the types of abuse and their symptoms? Then, you will understand and surely you will be able to offer better advice to your friends.

Battered woman syndrome: Definition, symptoms, and getting help

Battered woman or battered person syndrome is a condition that can develop as a result of an abusive intimate relationship. A person who receives...

Medicalnewstoday

Dignity not discrimination

It seems that something holds you back or you are not aware of the tremendous consequences of school-related gender-based violence. We must have zero tolerance to any form of violence. Go back and study carefully all the information provided. Surely you will become more aware of the dangers SRGV involves. Don't get disappointed. The more we learn, the better we become!