

WATCH THE VIDEOS AND ANSWER THE QUESTIONS THAT FOLLOW





**A1. What do you think are the most important characteristics of a healthy relationship?**

**A2. Why is it sometimes difficult for someone to realise they are in an unhealthy relationship?**

**A3. What are the reasons a person may stay in an unhealthy relationship?**

**A4. What can someone do if they are in an unhealthy relationship?**

**B. Comment on Leo Buscaglia's phrase: "Never idealize others. They will never live up to your expectations."**

