



Sustainable diet for a healthy planet

Study online at https://quizlet.com/_bpstnh

-
1. **sustainability** The ability to keep in existence or maintain. A sustainable ecosystem is one that can be maintained.

 2. **natural re-sources** Materials or substances such as minerals, forests, water, and fertile land that occur in nature and can be used for economic gain

 3. **availability** the fact that something can be bought, used, or reached, or how much it can be

 4. **degradation** a decline to a lower condition, quality, or level

 5. **preservation** maintenance of a resource in its present condition, with as little human impact as possible.

 6. **exploitation** the use of something in order to get an advantage from it

 7. **contribute** to be one of the reasons why something happens

 8. **consumer health** relating to the purchase and consumption of health-related products and services.

 9. **agriculture** the science or practice of farming, including cultivation of the soil for the growing of crops and the rearing of animals to provide food, wool, and other products

 10. **livestock** domesticated animals that are raised to be used on a farm or ranch or to be sold for profit

 11. **starvation** suffering from extreme hunger

 12. **fishery** an area in which fish or sea animals are caught

 13. **malnourishment** the long-term absence from the diet of one or more essential nutrients

 14. **mental well-being** a state of positive mental health

 15. **conservation**



Sustainable diet for a healthy planet

Study online at https://quizlet.com/_bpstnh

protecting and preserving natural resources and the environment

16. **prevalence** the fact that something is very common or happens often

17. **greenhouse gas emissions** gases formed by human activity, including industry, that trap heat in the atmosphere and lead to climate change

18. **antiparasitics** chemicals used to treat parasitic infections

19. **fertilizers** a chemical or natural substance added to soil or land to increase its fertility

20. **contamination** the process of becoming unclean

21. **biodiversity** the variety of life in the world or in a particular habitat or ecosystem.

22. **soil erosion** the wearing away and removal of rock and soil particles from exposed surfaces by agents such as moving water, wind, or ice

23. **food system** all of the steps a food goes through from being grown to being consumed, including packaging, transporting, and selling.

24. **deforestation** the removal of trees faster than forests can replace themselves.

25. **processed food** commercially prepared food bought for convenience

26. **domestic products** goods that are produced within the country

27. **energy intake** the amount of food a person eats; in other words, it is the number of kilocalories consumed

28. **in moderation** not too much or too little of something; not going to an extreme



Sustainable diet for a healthy planet

Study online at https://quizlet.com/_bptnh

29. **environmental impact** Relating to or being concerned with the ecological consequences of altering the environment.
-
30. **cultivation** preparing the land to grow crops; improvement for agricultural purposes
-
31. **habitat** the natural home or environment of an animal, plant, or other organism.
-
32. **sustainable development goals** a set of 17 goals that comprise an international agenda for reducing poverty and economic inequality and improving lives
-