

WHAT WOULD I DO?

For each case, write down how you would react or feel if you were in this position.

WHEN I FEEL DISAPPOINTED...

WHEN I GET INSULTED...

WHEN THINGS GO WRONG...

WHEN SOMEONE ADMITS THEIR MISTAKE...

WHEN I REACH MY GOALS ...

WHEN I TAKE A DIFFICULT DECISION...

WHEN I FEEL I'M WRONGED...

