

# Questionnaire

Family meal

\*Obligatoriu

1. 1. How many times a week do you have family meals? \*

*Marcați un singur oval.*

- ☐ less than 3 times
- ☐ between 3 and 5 times
- ☐ more than 5 times

2. 2. What meal do you often eat in the family? \*

*Marcați un singur oval.*

- ☐ breakfast
- ☐ lunch
- ☐ dinner

3. 3. How much time do you usually spend while having a family meal? \*

*Marcați un singur oval.*

- ☐ 10-15 minutes
- ☐ 15-30 minutes
- ☐ more than 30 minutes

4. 4. Do you think families should have a meal together every day? \*

*Marcați un singur oval.*

☐ Yes

☐ No

5. 5. How often do you receive your favourite food as a reward? \*

*Marcați un singur oval.*

☐ never

☐ rarely

☐ sometimes

☐ often

☐ very often

6. 6. Which member of your family most often cooks? \*

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7. 7. Where are you inclined to eat? \*

*Marcați un singur oval.*

☐ in a restaurant, drive-in or a mall;

☐ at-home

8. 8. Do you think the family meal is: \*

*Marcați un singur oval.*

☐ fun

☐ boring

9. 9. Would you like to eat more often in the family? \*

*Marcați un singur oval.*

☐ Yes

☐ No

10. 10. Does everybody in your family have the same dish at the family meal? \*

*Marcați un singur oval.*

☐ Allways

☐ Never

☐ Sometimes

11. 11. Have you had more family meals than usual during the pandemic? \*

*Marcați un singur oval.*

☐ Yes

☐ No

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